

**Coming This Summer 2010**

**to U Bar U**

**SWUUC Children, Youth and Adults are**



**at CAMP!**

**Be the change that we hope to see.  
Join us in Harnessing Love's Power to Stop Oppression!**

# SWUUC Summer Camps

## About SWUUC Summer Camps

SWUUC Summer Camp programs offer the opportunity to experience the unconditional love and friendship of a Unitarian Universalist community through each of our one-week sessions. Nearly 100 campers from 8-19 years of age attend camp at U-Bar-U. More than 500 campers of all ages come to SWUUC, our multigenerational family camp (more info at [www.swuuc.org/swuuci](http://www.swuuc.org/swuuci)). Our mission is to provide a unique environment for young people and families to experience liberal religious community, establish valuable relationships within the camping community and facilitate personal growth through a variety of creative, safe, and challenging opportunities.

Each U-Bar-U session is led by a minister, director of religious education, youth minister or experienced adult lay leader dedicated to enriching the lives of Unitarian Universalists. These Session Directors are assisted by paid and volunteer staff, all of whom bring a strong sense of love and caring for children and youth and for our Unitarian Universalist faith.

## Camp Tuition

Tuition for each session at U Bar U is \$450. Please see the separate SWUUCI brochure for information on that multigenerational camp. The tuition for all U-Bar-U sessions includes a \$150 non-refundable deposit per session. Tuition includes lodging, food, supervision, program, activities and all craft supplies.

### IMPORTANT REGISTRATION INFORMATION:

- To Register: Send \$150 with the required registration information or you may reserve a space and make payments online at [www.swuuc.org](http://www.swuuc.org).
- Early Registration Discount: Full payments and all completed, signed forms received at SWUUC by April 15<sup>th</sup> will receive a discount of \$25.
- All balances are due by May 31, 2010.
- Registrations received after May 31 are payable in full.
- No phone registrations will be taken.
- Space is limited and spaces will be given on a first-come first-serve basis, based on full payment and completed registration forms.
- The \$150 is deducted from the total camp tuition and is a non-refundable, nontransferable deposit unless registration is denied due to lack of space.
- Refunds will be made of all money, less deposit, upon receipt of physician's authorization if camper is ill and cannot attend. No refund will be given after a camper has been admitted to camp.

## Online Reservation

Instructions to reserve a space at a SWUUC Summer Camp session at U-Bar-U can be found at [www.swuuc.org](http://www.swuuc.org) on the home page, under Services to Congregations or the calendar. Please note that you must at least pay the \$150 deposit for your camper to reserve a space. Once you have completed the online reservation for your camper, the district office will send you a confirmation letter and a packet of forms that need parent/guardian signatures. Your camper will not be completely registered until we receive the signed forms back in our office.

## Camp Scholarships

Ask your minister, DRE, or church president about church scholarships first. Additional scholarships from the district are available based on need and availability of funds. The scholarship application is an essential part of the request and should be returned to the district office for consideration. Tax-deductible donations to the scholarship fund of any amount are always welcome.

## Health and Safety

Each camper's health and safety is important to us. We hope to have a nurse or doctor on staff at each event. There will always be someone on staff to care for ill or injured campers and to distribute medicines. For the health and safety of every camper, please make sure to let us know of your camper's health issues, including severe allergies. We will be following the SWUUC Protection Policy which can be reviewed at [www.swuuc.org](http://www.swuuc.org)

## Arrival and Departure

Check-in will occur from 4-5:30 p.m. at the U-Bar-U Meeting House on the opening Sunday of each session. Pick-up time is 10:00 a.m. on the following Saturday.

## Departure Procedure

In order to insure the safety and security of our summer campers, the following procedure will be used for picking up campers. At registration, the name of the person authorized to pick up the camper at 10:30 a.m. on their departure day will be written on the registration master list. On the morning of departure, the person who is designated to pick up a camper must be present for that camper to be released. The designated pick-up person **MUST PRESENT PHOTOGRAPHIC IDENTIFICATION**. If the person picking up your camper needs to change, please call the district office at 817-446-0099. If there is any reason to suspect a person may attempt unauthorized pick-up of a camper, please notify SWUUC.

## Camper Mail

Mail is very important to your camper, especially those who are away from home for the first time. We encourage you to mail letters before the actual session begins (or not later than Wednesday), to assure the camper receives them. We can make no guarantee on postal delivery.

All letter and packages must include:  
Camper's first and last name  
U Bar U Retreat and Conference Center  
277 U Bar U Drive  
Mountain Home, TX 78058

## Phoning or Visiting

We are fully conscious of our great responsibility in the care of your child. In the case of any emergency, either physical or otherwise, you will be notified promptly. Consequently, we do not allow personal phone calls, either incoming or outgoing, or personal visitation during the camp session due to the interruption to the schedule and the effect on camper morale. Please do not send cell phones with your child as they are strictly prohibited and will be confiscated and only returned upon departure on Saturday. (Cell reception is iffy out there anyway). If a serious concern arises, you may contact the Camp Director to discuss the situation.

Emergency Telephone Numbers:

Camp Manager	651-472-2249
U Bar U	830-864-8419
Director for LFD	817-874-4895

## Camp Property

Responsible care of beds, doors, windows, trees, etc. is expected of all campers. Articles willfully destroyed will be charged to campers or their parents.

## Everyone is Welcome!

Rules for acceptance and participation are the same for everyone without regard to sex, disability, political belief, race, sexual orientation or religion.

If you have a 14-year-old going into 9<sup>th</sup> grade, you may choose between the junior and senior camps. Either will be appropriate and very fun. If you wonder which would be best for your particular child, feel free to give us a call at 817-874-4895.

## VIDEO

This year we will be making videos for the Standing on the Side of Love campaign during each week. If you do NOT wish for your child to be part of this video, please make sure you indicate this on the last page of the registration form.

## What to Bring

Please pack enough clothes for the entire week. Laundry facilities are not available.

- Sleeping bag or twin sheet set with blanket
- Pillow and pillow case
- Hat
- Swim suit(s)
- Laundry bag
- Pajamas
- Shoes, including for hiking & river play (no open-toed, backless or sandals)
- Large flashlight (with new batteries)
- Rain poncho or jacket
- Toilet articles (soap, shampoo, tooth care, etc.)
- Towels and wash cloths
- Underwear and socks
- Simple sports clothes (shorts, short-sleeved shirts, light colors)
- Sunscreen
- Jeans and light long-sleeved shirt for horseback riding and social action (mandatory)
- Insect repellent
- Crummy clothes for messy events

\*\* Optional items: journal, camera, stationery, envelopes and stamps, water shoes, frisbee. Senior Youth Camp only: iPods (for use only for community music), money and contributions for auction.

## What not to bring

**All camps:** Knives, firearms, fireworks, aerosols, alcohol, drugs, non-prescription drugs, tobacco products, personal CD/DVD players, mobile phones, DVDs, radios, curling irons, hot rollers, straighteners, food or drinks. **Primary and junior camps:** iPods, money, CDs and tapes.

SWUUC cannot be responsible for jewelry and other valuables or articles left or lost at camp. Campers are not allowed to drive personal automobiles. Visitors are welcome on opening and closing days only. No visitors are allowed during camp sessions. Please refer to phoning or visiting.

## Camper Profile

The camper profile is one of the most important of our forms and must be filled out by the parent or guardian and returned with all other forms by May 31. This profile is used to ensure that counselors and staff are prepared to care for and minister to your child's specific needs. Knowledge of each camper's individual physical and emotional needs is paramount in equipping our staff to provide excellent quality of care. All information will be seen only by the appropriate counselors and staff and will be kept confidential. Please take great care and consideration when filling this form out. Non-disclosure of this information prior to your child attending camp may result in a camper being sent home from camp in which case, no refund will be given.

## SESSIONS

<u>Dates</u>	<u>Age Category</u>	<u>Age as of Sept 1, 2010</u>	<u>Cost</u>	<u>Location</u>
July 4 - 10	Primary (rising 3-6 grade)	8 - 11 yrs. old	\$450	U Bar U
July 11 - 17	Junior (rising 7-9 grade)	12 - 14 yrs. old	\$450	U Bar U
July 18 - 24	Senior (rising 9 - 12 grade, just graduated)	14 - 18 yrs. old, 19 if just graduated from high school	\$450	U Bar U

Registrations will be processed in the order they are received. Please note that the camper will not be registered until the initial deposit of \$150 is paid, and all paperwork is complete. Campers whose registrations are incomplete may be placed on a waiting list if the session fills before all completed paperwork is received. Forms can be faxed or mailed to the SWUUC office. You will receive a confirmation letter after your camper's registration has been processed. If you have questions regarding your camper's registration, please contact [jnichols@uua.org](mailto:jnichols@uua.org) or at 817-446-0099.

### Here's what SWUUC needs from you by May 31st

- Completed Camper Registration and Health History Form
- Completed Camper Profile Form
- Completed Camper Covenant and Release Form
- \$150 deposit before May 31<sup>st</sup> or full payment after May 31<sup>st</sup>

## LOCATION

### U-BAR-U

U Bar U Retreat and Conference Center is a wildlife preserve in the rugged ranch land of the Texas Hill Country, near Kerrville. It is 144 acres of prairie grasses, live oaks, and wild animals. There is a limestone rock swimming tank, a tree house, two labyrinths, a campfire ring, and lots of room for frisbee, bocce ball, and other outdoor games. Permanent buildings at U-Bar-U include a large meeting house with two sleeping rooms, three sleeping houses, and two barns. The staff provides bountiful, nutritious and yummy food. Linens are not provided. See [www.ubaru.org](http://www.ubaru.org) for more information.

## STAFF

**Executive Staff:** **Sandy Barnwell**, resident Executive Director of U Bar U, will act as camp manager for all camp levels. **Jennifer Nichols**, SWUUC Director for Lifespan Faith Development, will serve as the executive camp director and will attend all three camps.

**Primary Camp Staff:** **Ryan Hoffland**, DRE at Northwoods Unitarian Universalist Church in The Woodlands, TX, will be the primary camp director. **Scottie McIntyre Johnson**, UU ministerial Candidate, will serve as primary camp chaplain. TBA: additional counselors and junior counselors.

**Junior Camp Staff:** **Kathy Smith**, DRE at First Jefferson Unitarian Universalist Church in Fort Worth, will be junior camp director for her second time. TBA: junior camp chaplain, additional counselors and junior counselors.

**Senior Camp Staff:** **Donna Harrison, Mark Anderson, Gray Crawford, and Sofia Efthymiou** are the leadership team directing the senior camp. Donna Harrison is UUA Trustee for SWUUC and 2009 SWUUC High School Advisor of the Year. Mark Anderson is Lead Youth Advisor at Live Oak Unitarian Universalist Church in Austin. Donna and Mark were the adult co-directors of senior camp in 2009. Gray Crawford and Sofia Efthymiou are youth who are actively involved in congregational and district leadership, and were on staff for senior camp in 2009. **Rev. Eric Posa**, minister of the UU Church of the Brazos Valley in College Station, TX and **Rev. Eliza Gallaher**, minister of Wildflower Unitarian Universalist Church in Austin, TX will serve as senior camp chaplains.

## A Day in the Life of a Primary or Junior Summer Camper

Wake up at U-Bar-U camp is around 7:30 a.m. followed by breakfast at 8:00. After breakfast the campers spend a brief period of time on light cleanup of their cabins and the campsite. Each day begins with a short worship service, led by either the chaplain or the campers themselves, with time in small groups afterward. The rest of the morning is spent participating in outdoor activities, spiritual development, arts and crafts, and nature discovery programs.

Lunch is served at 12:00, followed by “turtle time”, a period for rest, reading, and reflection. The heat of the afternoon is spent indoors playing games, doing arts and crafts, and having fun “hanging out” together. Around 4:00 we go to the tank for a swim, then spend time learning about Unitarian Universalism. In keeping with this summer’s theme of “Standing on the Side of Love”, the primary camp will focus on learning to stand up to bullies, in support of themselves or of others who are being bullied. The junior camp will focus on “What If?” scenarios. Days also include many special activities - possibilities include a ropes course, canoeing, horseback riding, swimming in the Guadalupe River, and a hike up Enchanted Rock.

Dinner is at 6:30 p.m. Each night after supper, an all camp meeting is held to reflect on how well we have all been living up to our camp covenant. The evening program includes such activities as on-site service projects, evening worship, small group time, challenge games, talent show, skit night, astronomy, night hikes, campfire, and maybe a dance. Lights out happens no later than 10:30 p.m., earlier some nights.

## A Day in the Life of a Senior Summer Camper

Each day at the senior camp is a unique and enriching experience. Every day will include three delicious meals at 8:00 a.m., noon and 6:30 p.m. respectively, and various community building and spiritual activities throughout the day. The activities to look forward to include: powerful worships twice a day, workshops (ranging from crafts and discussion groups to meditation and drum circles), exploration of religious and social issues, camp-wide special events and community building activities, dances, camp-wide social action, bonding times with cabin groups, cabin competitions (anything from a cook-off to a dance-off), an auction where proceeds go to charity (feel free to bring something to contribute!), ultimate Frisbee, campfires, and much much more.

What makes this camp so unique is that the programming is planned and executed by a staff of youth and adults who work together to make the week as inspiring and meaningful as possible.

Expanding on the Standing on the Side of Love theme, campers will have the opportunity to explore places where oppression intersects their lives. The primary campers will explore the concept of bullying. The junior campers will explore “What If?” scenarios and we might respond collectively and/or individually while standing on the side of love. The senior campers will discuss institutional racism. SWUUC Summer Camps provide each camper with the opportunity to experience themselves, nature and the holy through fun, challenging and inspirational activities. It is our hope that when campers leave, their lives will be changed by the growth experienced and relationships created at camp.



**SWUUC SUMMER CAMP  
Camper Profile 2010**

**CAMPER INFORMATION**

Full name of camper \_\_\_\_\_ Preferred Name \_\_\_\_\_  
 Age \_\_\_\_\_ Grade entering in the Fall 2010 year \_\_\_\_\_ Camp Session: Primary Junior Senior  
 T-shirt size YS YM YL AS AM AL AXL AXXL

Will camper have a birthday while at camp?	Yes No	If yes, camper's birth date _____
Has the camper been to camp before?	Yes No	If yes, where? _____
Does the camper have any brothers or sisters?	Yes No	#older _____ #younger _____ List brothers or sisters at camp this week _____

Name of church \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

What are your camper's greatest interests, hobbies, and activities? \_\_\_\_\_  
 \_\_\_\_\_

List three personality traits of your camper: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Please tell us anything that will help us insure the very best experience possible for your child, including limitations or characteristics of this camper which should help counselors and staff in working with your child or that would be helpful in assigning cabins and activities (including such things as sunburn sensitivity, sleep walking, hyperactivity, bedwetting, etc.)

Are both parents living? Yes No

Camper lives with (Circle one): Both parents Mom Dad Mom & Step-parent  
 Dad & Step-parent Grandparents Other \_\_\_\_\_

**ASSESSING ESSENTIAL FUNCTIONS OF CAMPER**

Please rate your camper in the following areas.

Scale: 4 = Excellent 3 = Good 2 = Needs Improvement 1 = No experience

Essential Function of a Successful Camper	Rating
1. Ability to live cooperatively in a community setting for a period of five or six days	
2. Ability to independently take care of their own personal needs (i.e. showering and personal hygiene, dressing themselves, and making other personal choices)	
3. Ability to stay away from home for an extended period of time without calling home	
4. Ability to function in a very active and physically challenging environment	
5. Ability to participate in activities with a healthy sense of competition	

**EMOTIONAL/PSYCHOLOGICAL HEALTH**

SWUUC strives to provide positive camp experiences for children and youth with various needs whenever possible. However, SWUUC does not provide programs that are rehabilitative or therapeutic in nature, and does not specialize in serving children with special needs, including children with severe emotional, social or behavioral difficulties. We appreciate the opportunity to work with you in order to determine if the SWUUC Camp experience is appropriate to meet the needs of your child. Below, please provide information regarding your child's special need, including any disabilities, disorders or medical problems, prior to attending camp. Your honest disclosure of information about your child is important in determining if SWUUC camps are a fit for your child. To communicate this information directly to the District Director for LFD, please contact [jnichols@uua.org](mailto:jnichols@uua.org). Failure to provide accurate information prior to your child attending camp may result in camper being sent home, and there will be no refund in this case.

This camper has been diagnosed with ADD or ADHD.	Yes No	Date of diagnosis _____
This camper has a psychiatric diagnosis such as Depression, OCD, Panic/Anxiety Disorder.	Yes No	Date of diagnosis _____
This camper has seen or is seeing a professional to address mental/emotional needs.	Yes No	If so, please list dates _____
This camper has a learning disability/challenge.	Yes No	
Has camper ever required any psychiatric counseling or hospitalization?	Yes No	If so, please list dates _____

# SWUUC CAMP BEHAVIOR POLICIES

1. All camper housing is in single-gender cabins/rooms.
2. Curfew is defined as the time after which all campers are to be in their own cabins.  
Curfew for Primary Camp is 9:00, Junior Camp is 9:30 p.m., and Senior Camp is 12:00 a.m. Lights Out is 30 minutes after curfew for each camp until 7:30 a.m. During this time, there is to be quiet in the cabin areas and on all trails.
3. Campers may not leave the camp grounds at any time during camp without the permission and supervision of adult staff. No group smaller than four people may leave the premises for any reason.
4. Any areas designated as staff only are off-limits to all campers. Use of the First Aid Station must be overseen by a trained adult staff member.
5. No visitors are allowed during camp. This includes unannounced family members, former campers, and former staff members.
6. Attendance at all activities, such as workshops, worships and meals is expected.
7. Campers are asked to respect themselves, each other and the belongings and privacy of other campers and staff. The camp grounds and camp equipment should be used in the intended manner. **NO PRANKS.** Any inappropriate, demeaning, derogatory, or disrespectful behavior is unacceptable. Each individual in the community is expected and encouraged to show respect for every other individual, their belongings, the physical site, and everything in it.
8. Dangerous or disruptive behavior of any kind will not be tolerated; any camper engaging in such will be immediately sent home. This includes the use of rude and abusive language.
9. **Closed-toe shoes must be worn when a camper is outdoors.** Safe shoes must be worn when camper is inside. Open-toe shoes are only permitted in showers and at the swim tank. Campers may walk to and from the tank in open-toe shoes.
10. No rock throwing or tree climbing without permission.
11. All members of the community are empowered and encouraged to voice their opinions, objections, or concerns at any time. The staff of the event will then take appropriate action.
12. Swimsuits are required at the pool area.
13. No one is allowed in the kitchen without a valid food handler's card.
14. No illegal drugs, alcohol, tobacco, or weapons are allowed at camp. All prescription and over-the-counter medications must be turned in during camp check-in and will be dispensed by the camp health professional and adult staff.
15. Violence will be tolerated under any circumstances.
16. Campers may not engage in any sexual activities while at camp.
17. All campers must sign the Camper Code of Conduct Agreement and bring it to the camp.
18. All parents must sign the Parent Accountability Statement and bring it to the camp.
19. SWUUC Camps are SMOKE-FREE. No one may smoke at camp.

Any camper unable to abide by these policies will be asked to leave camp immediately, without benefit of any refund.

Revised 3/2010

